



# Chinese Medical Institute & Register

*in association with*  
**Beijing University of Chinese Medicine**

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Continuing professional development (CPD) is defined as 'any process or activity that provides added value to the capability of the professional through the increase in knowledge, skills and personal qualities necessary for the appropriate execution of professional and technical duties, often termed competence.' CPD obligations exist to help ensure that CMIR members maintain their competence to practice. All CMIR members are obliged to do CPD every year. This is true no matter where in the world the member lives or what sort of work is undertaken.

## CPD Requirements

**Members of CMIR are required to undertake at least 90 hours of CPD every 3 years. At least 36 hours of this must be from attending activities in Part I, 18 hours of which must be practical or clinical sessions.** The remaining 54 hours may be made up from attending activities listed in Part II, which includes attending any other medical CPD modules.

### Part I:

Relevant activities include:

- Attending CMIR accredited courses, including postgraduate diploma courses, CPD modules, specialist workshops, practical or clinical sessions (3 hours / half day, 6 hours / full day)
- Attending CMIR organised conferences, symposia and forums (6 hours / day)
- Attending clinical tuition on the CMIR China Medical Trip (3 hours / session)
- Teaching an accredited CMIR course (3 hours / day)
- Giving a presentation at CMIR organised conferences, symposia and forums (3 hours / presentation)

### Part II:

Relevant activities include:

- Attending CMIR committee meetings (1 hour / hour)
- Submitting articles or clinical case studies to the CMIR newsletter and website (2 hours / article)
- Reflective practice with another Chinese medicine practitioner (number of hours gained is subject to approval on a case by case basis)
- Attending non-CMIR organised conferences, symposia and forums on Chinese medicine (3 hours / day)
- Giving a presentation on Chinese medicine at non-CMIR organised conferences, symposia and forums (3 hours / day)
- Teaching an accredited non-CMIR course on Chinese medicine (3 hours / day)
- Completing research on Chinese medicine, e.g. a clinical trial (number of hours approved on a case by case basis)

- Publishing and / or presenting articles, reports and clinical trials on Chinese medicine in an academic journal, professional magazine or at medical conferences, symposia and forums (3 hours / article)
- Reading medical articles, books, reports and clinical trials on Chinese medicine and submitting a short synopsis, critique or listed learning outlines (1 hour / article)
- Attending any other medical CPD modules, including those on non-Chinese medicine and acupuncture subjects (number of hours gained is subject to length of programme / approved CPD hours of module)

All members must complete a CPD log for each year of membership. When renewing their year membership, members must provide a copy of the previous 3 year's CPD log in order to show they meet the requirements for reaccreditation. Members who do not complete the required hours will be given a three month period to do so.

Members who refuse to undertake their CPD obligation or provide copies of their CPD log when re-applying for membership can and will be suspended from CMIR Register.